



Sacred Sensuality

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A Short Story

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For years, Isadora and Leandro had been in love with each other. Although things had been going great between them, the sensual attraction they once shared had slowly diminished. Every week seemed to follow the same pattern: dinner, wine, cuddling, and a few slow kisses before sex. They needed something new to bring the spark back. Finally, they decided it was time for a change and attended Lana's sacred sensuality course.

At Lana's house, Isadora and Leandro were welcomed with open arms. The enchantress of Sensual Bliss from Luminae, Lana Lightweaver greeted them with long hugs and invited them to sit down in her cozy temple room. "Let us embark on a journey to find the strength and potential of your divine sensuality," she said as she smiled encouragingly.

Leandro and Isadora felt their excitement growing as Lana spoke. "Now, please take off your clothes and sit across from one

another," she said. "Look deeply into each other's eyes. Be truthful, loving, and open with each other."

Lana asked her guests to focus on breathing through their heart centre. "Take a moment to come into the present with your feelings and accept whatever comes up, without judgment."

She prompted Isadora to place her hands on Leandro's chest while he did the same for her. Lana instructed them to maintain eye contact, and then prompted them to focus on the energies that seemed to expand outward from each of their bodies, forming a bubble of love and light around them.

Isadora felt subtle sensations of love, longing, and astral tingling inside of her. Leandro felt as if a strong current pulled him towards Isadora and he almost couldn't take it anymore. His eyes grew glazed with tears and his lower lip

trembled in emotion. He felt an intense connection and understanding.

Together they breathed into the emotions that were coming up. They dropped their masks and defensive walls and started to feel a sense of complete freedom to be themselves. Relief washed over them.

For strengthening their bond, Lana gave Isadora and Leandro two candles. They lit a candle each and held them with one hand in front of them while Lana asked them to place the other hand on their chest or belly area depending on what intuitively felt best for them.

All other light in the room she dimmed down until they were left with only candlelight. All what they could see was each other, looking into each other's eyes, holding light for each other in the complete darkness. Lana guided them to relax into their shared energy field.

"Allow the candle light to penetrate deep within you, igniting and stirring up your inner fire and passion. Feel the energies radiating between the two of you, like the dance between your two flames."

Lana asked them to make a commitment to each other before they could continue her course - the only thing she requested aside from their offering of dreamstones in exchange for her intuitive guidance. She asked the couple to look into each other's eyes and repeat after her: "I love you. I want to heal and grow with you."

After they recited these first sacred words, she continued, "During this course, we allow Lana to guide us through our experiences of physical union."

She gave them time to reflect on those words before continuing.

"Before we reach our highest levels of sensual bliss, we will ask for her blessing,

whether separately or together. May her heart guide us on this sacred quest."

Leandro couldn't help but swallow. He was aware that this would not be easy for him, yet he was willing to take this journey with Isadora because he wanted to ascend to new levels of love, longing, and pleasure with her.

After they each spoke their words, Lana continued, "This is our inner healing path. From the depths of my heart, I love you."

They were asked to set the candles on the ground. Lana wanted Isadora to sit in Leandro's lap, as close and intimate as she could, holding each other and expressing the warmth of their loving relationship.

"Breathe together, feel each other. When you sit comfortable, don't move."

Lana then guided them into a state of stillness. She encouraged them to keep their eyes closed and feel the breath, heartbeat, and any physical reactions of their partner.

She guided them to gently swing in a spiral around their core of love, gracefully letting their bodies meld into one another until they no longer knew where one stopped and the other began. As they moved, all tension between them released and they were able to fully embrace their union in love.

"This is not about reaching any goal. Just feel your unity and love ... Your oneness within and with each other. Then, find your stillness once more."

She explained to them how they would continue. "For centuries, the wise souls of Sanuela have known that by embracing each other in this sacred way, knowing you will not experience full unity with each other over the next few days, you can create a powerful energy field of loving and longing."

In a gentle voice she said, "This journey is not about satisfying your desires and impulses. Instead, it's about asking for the

wisdom of Goddess Sanuela to show you how to heighten and refine your love experience."

She took a moment to pause, her voice becoming more compassionate. "She owns the deepest wisdom of sacred sensuality and sexual bliss. Who could be better to ask for help when it comes to deepening love and joy in a relationship than the one who has created it all?

With practice and patience, you may learn how to connect with that frequency on your own. For now, I offer myself as your guide and channel to bring this knowledge of unity, bliss, and love straight to you. You both agree how best to work with it, how quickly you want to move forward, and how deeply you wish to grow together.

I encourage you to stay open-minded and compassionate while we practice and throughout the entire course. Let go of any reservations you may have, no matter how uncomfortable or daring it may seem. It is

only through an honest and truly loving connection that two people who care for each other can build strong relationships and reach deeper levels of intimacy, bliss, and joy."

Isadora and Leandro thanked Lana for her guidance. They felt a sense of trust and comfort in her words and in each other. They knew that this journey would be challenging, but they were ready to take it on together.

As they left Lana's house, they held hands and walked towards their home. The night was dark, but the stars shone bright in the sky. Isadora turned to Leandro and whispered, "I feel different. I feel like I'm able to let go of my fears and trust in our love." Leandro smiled and kissed her forehead. "I feel the same way, my love. I'm excited to see where this journey takes us."

From the story into the "real world":

Find Your Sacred Sensuality (for Couples) by Lana Lightweaver, channeled and intuitively guided by Nils. A guided online course for couples who wish to explore new ways of caring and loving.

Please write an email if your are interested in the course: nils@start2dream.de

www.sensual-energetic-healing.com

Other books by Nils Klippstein:

- You Are Healer and Creator. Experience Energetic Healing and Energy Work
- Hooray, I am Human! Sensual Energetic Healing (SEH) for Singles & Couples
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